



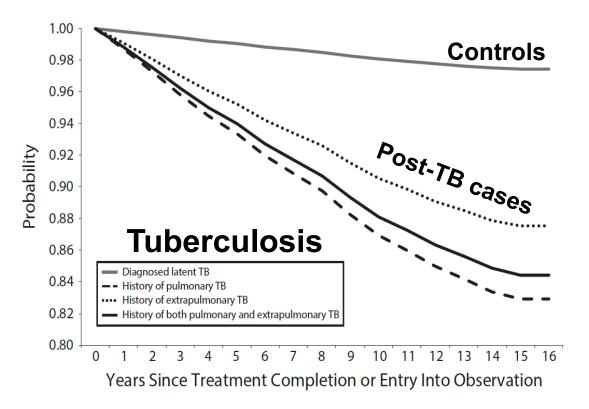
World TB Day Updates: Post-TB M&M



March 2023
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How should we define treatment success?



Note. TB = tuberculosis. Treatment completion indicates a history of active TB; entry into observation indicates no history of active TB.

FIGURE 1—Age, gender, race/ethnicity, HIV status, and nativity-adjusted Cox regression survival probability by tuberculosis history: Centers for Disease Control and Prevention's National Death Index; Texas, Massachusetts, and Seattle and King County, WA; 2008.

2019 Meta-analysis:
TB patients die 3.7fold increased risk
compared to
propensity matched
controls

Estimated long-term outcomes for 10⁷ TB patients

~10,000,000 TB Cases a year

5-year outcomes

In-Rx death
Relapse
2%²;
Post-Rx death
Post-Rx CVD
1.7 CVD/ 100 PYs³
Post-Rx Cancer
Lung DysFxn
10-15% CFR
2%²;
1-6/ 100 PYs;³
1.7 CVD/ 100 PYs³
1.2 Cancer/ 100 PYs

1,500,000 deaths/ yr 200,000 relapses/ yr 105-300,000 deaths 88,000 CVD deaths 60,000 Cancer deaths 7,500,000 severe PTLD

References & Notes

- 1: 2021 WHO Report; * TB mortality dramatically reduces once antimicrobial therapy is started.
- 2: Vega et al 2021, BMJ Thorax, PMID: 33547088; alternative reference PMID: 20074418
- 3: Romanowski & Lee-Rodriguez;
- 4: Blondal: 81 post-TB CVD deaths; * only represents CVD deaths, not all CVD.
- 5: Christensen; 22% Post-TB mortality due to Cancer; only represents Cancer deaths, not all cancers
- 6: Ravimohan 2018; 2020; Pasipanodya 2007

How can we decrease post-TB Morbidity and Mortality?

Adjunctive host-directed therapies for pulmonary tuberculosis: a prospective, open-label, phase 2, randomised controlled trial

Robert S Wallis, Sibuse Ginindza, Trevor Beattie, Nishanee Arjun, Morongwe Likoti, Vinodh A Edward, Mohammed Rassool, Khatija Ahmed, Katherine Fielding, Bintou A Ahidjo, Mboyo D T Vangu, Gavin Churchyard

Clinical Infectious Diseases

MAJOR ARTICLE



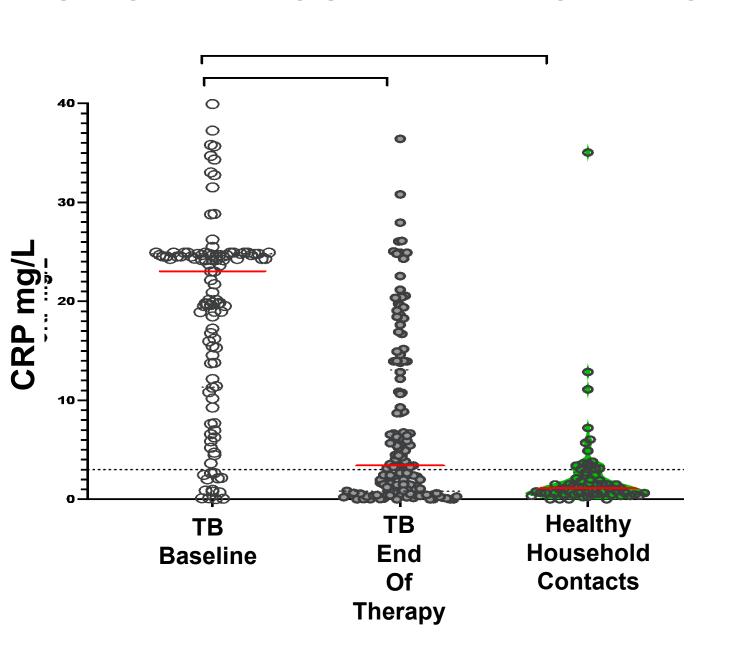




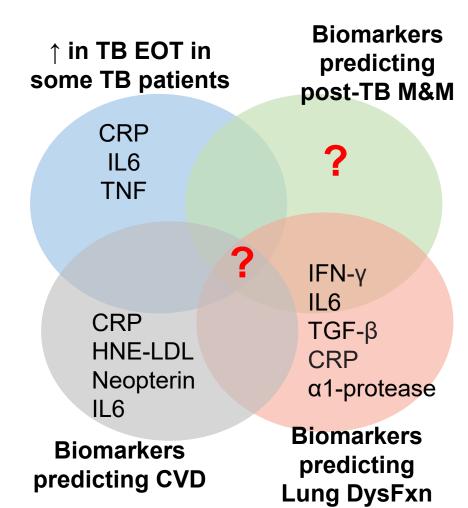
Randomized Trial of Metformin With Anti-Tuberculosis Drugs for Early Sputum Conversion in Adults With Pulmonary Tuberculosis

Chandrasekaran Padmapriydarsini, ¹ Megha Mamulwar, ^{2,a} Anant Mohan, ^{3,a} Prema Shanmugam, ¹ N. S. Gomathy, ¹ Aarti Mane, ² Urvashi B. Singh, ³ Nathella Pavankumar, ¹ Abhijeet Kadam, ² Hemanth Kumar, ¹ Chandra Suresh, ¹ Devaraju Reddy, ¹ Poornaganga Devi, ¹ P. M. Ramesh, ⁴ Lakshmanan Sekar, ¹ Shaheed Jawahar, ⁵ R. K. Shandil, ⁵ Manjula Singh, ⁶ Jaykumar Menon, ⁵ Randeep Guleria³; and the METRIF Team

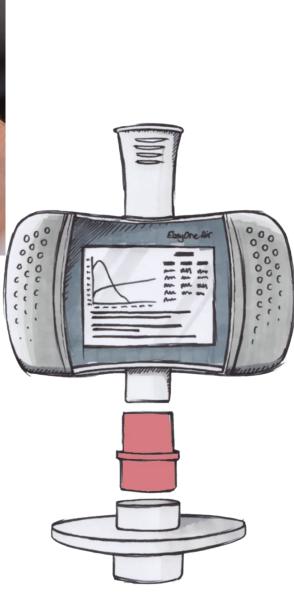
Eswatini Post-TB inflammation

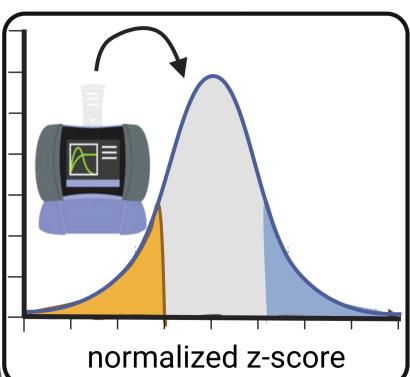


Approach to identifying mechanisms and biomarkers of post-TB morbidity and mortality









Houston Ben Taub TB clinic

- Pulmonologist (Dr. Beth Guy)
- Infectious Diseases (Dr. Andrew DiNardo)
- PFTs and spirometry to assess for morbidity and debilitation
- Immune deficiency evaluations
- Therapeutic drug monitoring

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