

Detecting and Handling a TB Outbreak

Leonard Mukasa, MBChB PhD September 13, 2022 Little Rock, AR

EXCELLENCE EXPERTISE INNOVATION

Leonard Mukasa, MBChB, PhD has the following disclosures to make:

- No conflict of interests
- No relevant financial relationships with any commercial companies pertaining to this educational activity





1. Define a Large Outbreak of TB in the United States (LOTUS)

Objectives

2. Why do TB outbreaks still occur ?

3. Where is the frontline for TB elimination?



Trends in TB Cases, Arkansas, 1995-2022*



What Is a Large Tuberculosis Outbreak?

CDC Definition: Large Outbreak of TB in the United States (LOTUS)

10 or more cases diagnosed within a 3-year period

US 2014-2016 24 large outbreaks that included 518 cases (median: 18.5 cases per outbreak)

How is outbreak determined?

Era TB Genotyping in Arkansas

Whole Genome Sequencing

Era of TB Genotyping



Digital Report Cluster G29541, Based in Howard County

State Case Number	Date_Specimen_Collection	wgMLSType	GENType	State Cluster Name
2022ARGA2200000	01/13/2022	MTBC000145	G29541	AR_0049_003
2022ARAR2200009	02/08/2022	MTBC000145	G29541	AR_0049_003
2021ARAR2100061	08/20/2021	MTBC000145	G29541	AR_0049_003
2021ARAR2100034	05/26/2021	MTBC000145	G29541	AR_0049_003
2021ARAR2100034	06/07/2021	MTBC000145	G29541	AR_0049_003
2021ARAR2100019	02/22/2021	MTBC000145	G29541	AR_0049_003
2021ARAR2100005	12/31/2020	MTBC000145	G29541	AR_0049_003
2021ARAR2100001	01/20/2021	MTBC000145	G29541	AR_0049_003
2020ARAR2000032	06/25/2020	MTBC000145	G29541	AR_0049_003
2020ARAR2000021	05/07/2020	MTBC000145	G29541	AR_0049_003
2019ARAR1900052	09/03/2019	MTBC000145	G29541	AR_0049_003
2019ARAR1900044	08/26/2019	MTBC000145	G29541	AR_0049_003
2019ARAR1900040	07/24/2019	MTBC000145	G29541	AR_0049_003
2019ARAR1900040	07/09/2019	MTBC000145	G29541	AR_0049_003
2018ARAR1800080	01/04/2019	MTBC000145	G29541	AR_0049_003
2016ARAR1600063	09/21/2016		G29541	AR_0049_003
2015ARAR1500044	05/02/2015		G29541	AR_0049_003
2015ARAR1500038	03/19/2015		G29541	AR_0049_003

Whole Genome Sequencing

A SNP Analysis: Large Outbreak TB Among African Americans, Based in Howard County, Arkansas



SNP: Single Nucleotide Polymorphism

Timeline, Outbreak Based in Howard County

Affected Counties in Arkansas



Epi-Aid Team, CDC

*Includes clinical cases

G29541 Cluster Epidemic Curve by State



Epi-Aid Team, CDC

Total Cases

Cases	Ν
Confirmed	21
Probable	6

Basic Demographic Characteristics

Characteristic	N (%)
Total	27
Male Sex	22 (81)
Median Age (Range)	27 (1–61)
Race/ethnicity	
Non-Hispanic, Black	22 (81)
Non-Hispanic, White	3 (11)
Hispanic	2 (8)

Epi-Aid, CDC

Basic Clinical Characteristics*

Characteristic	N (%)
Total	24
TB Risk Factor	4 (17)
Pulmonary disease	21 (88)
Cavitary disease	11 (52)**
Only extrapulmonary disease	3 (12)

*Data drawn from medical charts for 24 patients **Among patients with pulmonary disease

Epi-Aid, CDC

The Challenges



What Causes TB in AR? Causal Inference in TB Epidemiology



Causal Graph for Tuberculosis



What have we done about this outbreak?



Southwest Region Tiffany Landaal, CDNS

Howard County Health Unit Wendi Williams, RN Cheryl Haislip Hempstead County Health Unit Debbie Howard

Central Office TB Program Team

Naveen Patil, MD Sandra Chai, MD Atul Kothari, MD Jenna Maturino, BSN RN

TB Clinicians TB Program Nurses

Steven Dahl, MDTeresa Plummer, BSN RNPediatricsPediatrics

Leonard Ntaate Mukasa Chief Epidemiology Officer Michelle Herndon Dena Myers-Duhart Susan Cooley Grants/Program Manager

TB Registry Administrative Tasks

• Sabrina Nabinger, BA, CDC Public Health Associate

- Danielle Boothe, MPH, Doctoral Student Epidemiology
- Brian Delavan, MPH, Doctoral Student Bioinformatics

Division of Tuberculosis Elimination, CDC

Epi-Aid Field Team

Dan Filardo Theresa Dulski Virginia Maturino Sabrina Nabinger Rebekah Stewart Molly Duetsch-Feldman Luc Marzano Allison James

DTBE

Maryam Haddad Clint McDaniel Adam Langer Jonathan Wortham Gail Burns Mark Miner

Summary Contact Investigation, 2015-2022

Contacts Identified	106	Percentage (%)
Contacts Evaluated	89	84.0
TB Cases	19	17.9
LTBI Cases	22	24.7
Completed Treatment LTBI	13	59.1
Ratio Contacts/TB Case	4 : 1	

Work in Progress: Community Partnerships

- ✓ Howard Memorial Hospital
- ✓ Tyson Plant, Nashville AR
- ✓ Pilgrim's Pride Plant, DeQueen AR
- ✓ Correctional Facilities
- ✓ Minority Health, ADH
- ✓ New Addition Community Outreach
- ✓ Office of Faith-based Outreach, ADH

- Schools
- County Judge
- County Sheriff

Detecting and Handling a TB Outbreak; DeQueen, Sevier County, 2017

> Leonard Mukasa, MBChB PhD Chief Epidemiology Officer | Tuberculosis

> > September 7, 2017

Outline

- The Source Case
- Secondary Cases
- Response to Outbreak

 ✓ TB Case Manager Southwest Region
 ✓ TB Control Program
 ✓ Center for Local Public Health
 ✓ ADH Leadership
- Epidemiologic Context | TB Among Marshallese
- Arkansas's Mini-Marshall Plan

56 year old Marshallese male Diabetes Mellitus

2/1/15

3/9/17

Source Case

3/30/17

5/24/17

	Productive cough Hemoptysis Night sweats Weight loss; 97lb	B P S A C	ilateral in ossible ca putum FB smear GeneXpert	filtrates witation + + + M.tb					
Arrived in US T-SPOT. <i>TB</i> <i>Result >50</i>		DT. <i>TB</i> t >50	Initiation Tx Rifampin Isoniazid Pyrazinamide Ethambutol B6		on Tx nide rol	Sputum Conversion		Continuation Tx Rifampin Isoniazid B6	

3/15/17

3/20/17

CXR

Source Case



Source Case; Poor Blood Sugar Control



22 Moths Old

- Cough
- ✤ Wheeze
- TST = 36mm

CXR:April 18 2017

- LUL consolidation
- > Adenopathy
 - Mediastinal
 - Hilar

Gastric aspirates negative

CST normal





TB Outbreak Among Marshallese, DeQueen, Sevier County, AR 2017, (N = 11)



Date

Select Characteristics of TB Cases Among Marshallese, AR, 2017

	BIRTH_COUNTRY	ARRIVED_IN_US	AGE	TST_MM/T.SPOT	CASE_VERIFICATION	COUNTY
7/7/2017	MARSHALL ISLANDS	6/1/2016	32		1 - Positive Culture	Carroll
7/27/2017	UNITED STATES		9	T.SPOT =25	3 - Clinical Case Definition	Carroll
1/24/2017	MARSHALL ISLANDS	1/1/2010	26	30	1 - Positive Culture	Randolph
3/17/2017	MARSHALL ISLANDS	2/1/2015	56	T.SPOT>50	1 - Positive Culture	Sevier
4/13/2017	UNITED STATES		12	50	3 - Clinical Case Definition	Sevier
5/4/2017	UNITED STATES		1	36	3 - Clinical Case Definition	Sevier
5/4/2017	UNITED STATES		3	34	3 - Clinical Case Definition	Sevier
6/15/2017	UNITED STATES		13	20	3 - Clinical Case Definition	Sevier
6/22/2017	UNITED STATES		8	T.SPOT >50	3 - Clinical Case Definition	Sevier
7/3/2017	UNITED STATES		4	39	3 - Clinical Case Definition	Sevier
7/20/2017	UNITED STATES		8	50	3 - Clinical Case Definition	Sevier
7/13/2017	UNITED STATES		6	37	3 - Clinical Case Definition	Sevier
2/17/2017	MARSHALL ISLANDS	9/1/2016	50		1 - Positive Culture	Washington
7/3/2017	MARSHALL ISLANDS	3/18/2015	30		1A - Positive NAA	Washington
7/24/2017	MARSHALL ISLANDS	1/1/2013	10	T.SPOT >50	3 - Clinical Case Definition	Washington
5/7/2017	UNITED STATES		2	QFT >10.0	3 - Clinical Case Definition	Washington
5/11/2017	UNITED STATES		1	0/0	4 - Verified by Provider Diagnosis*	Washington
				* D: - la +	alalla la ha infiltuata	

* Right middle lobe infiltrate

Responding to the Outbreak

> Jan Dougan, TB Case Manager Southwest Region

Sandy Hainline, Bates Outreach Clinic, Springdale

> Two new Marshallese Translators (Outreach Workers)

Results of Contact Investigation on Source Case, TB Outbreak, DeQueen, AR 2017

Age Group (years)	Persons Screened	Screening Status				
		Negative	Positive	Proportion(%)		
< 5	23	19	4	17.4		
5-18	71	54	17	23.9		
19-34	52	33	19	36.5		
35+	47	24	23	48.9		
Total	193	130	63	32.6		

- 10 of 10 secondary cases are under 14 years of age and were born in US
- 2 of 10 secondary cases located in Springdale
- 6 of 10 contacts in Springdale were infected

Epidemiologic Context

Infectious Period; How Long was it?



TB Among Marshallese in Arkansas, 2017 (n = 17)

- ✓ 4 counties with Marshallese cases
- Population-based screening Beyond Springdale



DeQueen, Sevier County (Population 6749 --- 2014)



Tuberculosis Cases, Sevier County, Arkansas, 1998-2017*



Map of Nine TB Cases in Outbreak, DeQueen, Sevier County 2017



Molecular Epidemiology

Source Case Genotype is G00017

G00017, National, January 01, 2009 - August 30, 2017



Large Outbreak TB Among Marshallese in Arkansas



Field Trip to DeQueen, July 11-12

- ✓ Jan Dougan, RN
- ✓ Robin Dorsey, RN
- ✓ Calmen Zachraias
- ✓ Laurie Bajo

Effective Efficient Champions

- ✓ Hometown Health Improvement
- ✓ Southwest Regional Leadership



Residence for Source Case



16 of 24 (67.0%) extended family were infected

Sites of Potential Intense Transmission Church 1





Church 2

DeQueen School District

- ✓ Superintendent Leadership
- ✓ School nurses and ADH Team
 - Marshallese students
 - Hispanic students
 - Directly Observed Therapy



Mr. Bruce Hill, Superintendent



Pilgrim's Pride Poultry Plant

- ✓ Met with officials
 - Shannon Wilson, RN
 - Mark Gross, Plant Safety Manager
- ✓ Expand testing to source case shift?
- ✓ Employee screening discussions to continue
 - Hometown Health Improvement role



Sevier County Health Officer Jason D. Lofton, MD

- Residency in Fayetteville
- Interested in diabetes management
- Engage physician practices in DeQueen
- DeQueen Memorial Hospital
 - Infection Control Nurse
 - ER Protocol
 - Courier to State Laboratory





Building Partnerships: TB Among Marshallese in AR

May 26 2017

TB Among Marshallese in Arkansas, 1997–2022* (N = 237)



* January-August

Epidemiology of TB Among Marshallese in Arkansas A Conceptual Framework: Reactivation and Transmission



ADH Strategic Planning | TB

✓ Population-based TB screening of Marshallese

Second Generation Surveillance for Tuberculosis Policy and Health Equity

R



✓ Bidirectional screening



What will you do differently about TB in Arkansas?



TB hides in plain sight. Millions of Americans are living with inactive TB.



Inactive TB in the United States

It is estimated that up to 13 million people in the United States live with inactive TB.



Risks of Untreated Inactive TB

Without treatment, 1 in 10 people with inactive TB will get sick with active TB disease, which can spread to others and be deadly.



Prevent TB

If you are diagnosed with inactive TB, there are several short and convenient treatment options available that can help protect you from getting sick with active TB disease.

Thank you!

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