About Us

Heartland National TB Center is a team of experienced professionals with a passion to use our talents to lessen the impact of TB within our communities by improving care for individual patients and limiting the transmission of disease. Our team of expert physicians, nurses, and educators are recognized for their knowledge, skills, and commitment toward TB elimination activities not only in Texas but nationally and internationally. Our work has improved the care of thousands of Texans impacted by TB as we bring knowledge of shorter, safer treatment regimens, hone skills for decreasing transmission, and share our voice to deliver patient-centered care while eliminating stigma.

Mission

To collaborate with state, local, and public health partners to reduce the impact of TB. We will achieve this goal by: sharing our expertise through state-of-the art trainings addressing all aspects of TB, presenting cutting edge knowledge to public health and private providers to benefit patients and their communities, and designing innovative educational and consultative resources.

Vision

To be the most patient-conscious, professional healthcare organization focused on TB elimination. We pledge to support our public health and private partners to encourage use of safer, shorter, better tolerated TB treatment regimens, to eliminate stigma, and to decrease transmission of TB in our communities.

OUR SOCIAL MEDIA



Heartland National Tuberculosis Center



Heartland National TB Center @Heartlandntbc



@HeartlandNTBC

Tuberculosis in Texas



According to the CDC, Texas reported a total of 1,089 cases of tuberculosis (TB) in 2022. That is 13.1% of the TB cases reported within the United States and its territories.



In 2021, 811 out of the reported 1,000 TB cases in Texas were culture-positive according to the CDC. Of those identified, 72 were found to be resistant to the first-line drug Isoniazid, and 7 were found to be multidrug resistant.



TB is a social disease and continues to survive due to transmission from person to person. From 2020 to 2021, 235 (16.5%) of TB cases reported to the CDC were attributed to recent transmission, and 103 (7.2%) of reported TB cases were attributed to extensive recent transmission.

Risk factors for developing active TB disease once infected include:

- HIV infection
- Diabetes
- Low body weight
- Injection drug use
- Evidence of prior TB
- Other illnesses or conditions that cause a suppressed immune response





HNTC provides expert medical consultation services to physicians, nurses, and other healthcare workers throughout the state of Texas for the care and prevention of patients with TB and their families. Our team of physician and nurse experts work collaboratively with local, regional, and state health departments to provide consultation for successful treatment outcomes, focusing on patient-centered care. Consultations can simply be a phone call or continuous follow up collaborations throughout the course of TB treatment. HNTC strives to lessen the impact of TB in all aspects from the patient to the program.



There is no cost for these services.

For more information regarding our medical consultation services, please visit our website.

www.heartlandntbc.org/consultation

CONTACT US



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www.HeartlandNTBC.org

PRODUCTS

HNTC offers a wide variety of products to provide health care professionals with the knowledge and resources to properly screen, diagnose, treat, and manage TB. Products such as posters, flipcharts, toolkits, books, and guides can be downloaded directly from the website, and a product order form is available to order physical copies. Free shipping is available throughout the state of Texas.



www.heartlandntbc.org/products

Additionally, HNTC produces TBeat, a bi-annual newsletter, which features state TB highlights, product updates, training calendars, and many more resources. If you would like to receive the latest editions of TBeat or the latest news from HNTC, join our mailing list and stay up-to-date on all that HNTC has to offer.

MINI-FELLOWSHIPS

HNTC offers Clinical TB Mini-Fellowships targeted to physicians, physician assistants, and nurses who would benefit from participation in an emersive learning experience in the medical management of patients with TB. Our goal is to share TB expertise and knowledge with health care personnel from a variety of settings. The curriculum is based upon the needs of the attendee and may last 1 - 5 days.

Clinical Mini-Fellowships offer in-patient and out-patient learning experiences with expert TB nurses and physicians at the Texas Center for Infectious Disease (TCID) and/or the San Antonio Metro Health Department City Chest Clinic. While there is no fee for mini-fellowships, candidates are expected to cover their own travel expenses.



For more information about our mini-fellowships or to submit an application, please visit our website.

www.heartlandntbc.org/mini-fellowship



HNTC offers several styles for trainings and events that fit the needs of our collaborating partners and agencies whether they are single day events or multi-day workshops. Some of these styles include, but are not limited to the following:



- On-site, In-person
- Off-site, In-person
- Self-paced, Online
- Live, Online
- Hybrid Self-Paced/Live, Online
- · Webcasts ...and more!

HNTC's curriculum strives to bolster and increase the knowledge and skills of physicians, nurses, and other health care professionals from a variety of settings in the ongoing fight to end TB. Many of HNTC's courses occur 2 - 3 times a year from our headquarters in San Antonio, Texas, but trainings may also be held anywhere in the state of Texas. Online courses delivered through Canvas include Introduction to TB Nurse Case Management Online, Essentials of TB Nurse Case Management Online, and TB 101: What You Need to Know. Some of HNTC's in-person courses include TST: Train the Trainer with Practicum, Comprehensive TB Nurse Case Management, TB Nurse Case Management Intensive, TB Intensive, and TB Contact Investigation. If a training need is identified, HNTC can develop and implement courses not previously offered.

For more information regarding trainings and education or to request a training for your agency, please visit our website.

www.heartlandntbc.org/calendar