

# TB Contact Investigation Skills

**San Antonio, Texas**  
**February 3—5, 2026**

## **Heartland National TB Center**

On the campus of

### **Texas Center for Infectious Disease**

2303 Southeast Military Drive

Building 501

San Antonio, Texas 78223



**TEXAS**  
Health and Human  
Services

**Texas Department of State  
Health Services**

**NO** commercial support was given to Heartland National TB Center, The University of Texas at Tyler Health Science Center, or the Texas Department of State Health Services for this event.

Continuing Education Credits are not available for this course.

## **AGENDA**

### **February 3, 2026**

7:30—8:00 am	Registration
8:00—9:15 am	Welcome, Disclosures, and Course Introduction
9:15—10:00 am	Overview of Tuberculosis
10:00—10:15 am	Break
10:15—11:15 am	Overview of TB Contact Investigation Process
11:15—12:00 pm	Documenting the Contact Investigation
12:00—1:30 pm	Lunch
1:30—2:00 pm	Determining the Infectious Period
2:00—3:00 pm	Identifying and Prioritizing Contacts
3:00—3:15 pm	Break
3:15—4:30 pm	Cultural Competency
4:30 pm	Adjourn

### **February 4, 2026**

8:15—8:30 am	Registration
8:30—10:15 am	Communication Skills
10:15—10:30 am	Break
10:30—12:00 pm	Interviewing for TB Contact Investigation
12:00—1:30 pm	Lunch
1:30—2:00 pm	Field Safety
2:00—4:00 pm	Contact Investigation Role Plays
4:00 pm	Adjourn

### **February 5, 2026**

8:00—8:15 am	Registration
8:15—8:30 am	DSHS Form Recap for Contact Investigations
8:30—9:30 am	Meeting and Interviewing Contacts
9:30—10:00 am	Expanding the Contact Investigation
10:00—10:15 am	Break
10:15—12:00 pm	Proxy Interviews and Source Case Investigations
12:00—1:30 pm	Lunch
1:30—2:15 pm	Special Settings
2:15—2:45 pm	Role of the TB Unit Epidemiology Team
2:45—3:15 pm	Self-Assessment, Post-Test, and Course Evaluation
3:15 pm	Adjourn

*Times subject to change*

## **OUR VISION**

*The vision of Heartland National TB Center is to be the most patient-conscious, professional healthcare organization focused on TB elimination while supporting public health and private partners in our communities.*

## **OUR MISSION**

*The mission of Heartland National TB Center is to collaborate with public health partners throughout Texas to reduce the impact of TB through state-of-the-art training, innovative educational and consultative resources.*



**EXCELLENCE**

**EXPERTISE**

**INNOVATION**

### Target Audience

The target audience for this course are healthcare personnel responsible for conducting TB contact investigations.

### Conference Goal

The goal of this course is to strengthen the TB contact investigation and interviewing skills of both new and experienced healthcare personnel. The course highlights the importance of contact investigation as a core TB-elimination activity and supports staff in becoming more confident and proficient in conducting effective investigations.

### Conference Objectives

Using highly interactive lectures, skill building and role-playing exercises, at completion of the course, participants will be able to describe tuberculosis (TB), including its transmission, risk factors, and the differences between TB infection and TB disease. They will be able to discuss the components of a TB contact investigation, explain its relevance for public health programs, and identify individuals at risk for TB infection. Participants will also be able to describe the purpose of the contact investigation interview, understand psychosocial factors that may affect TB patients, and apply strong communication skills to help to build rapport and elicit and evaluate contacts. Additionally, they will be able to define special settings and understand how to safely conduct contact investigation activities.

### Course Development

This course was developed with materials adapted from the Centers for Disease Control and Prevention (CDC) Self Study Modules on Contact Investigation for TB and Effective TB Interviewing for Contact Investigation, the 2005 Contact Investigation Guidelines, and previous Heartland National TB Center Contact Investigation Courses. It was developed in conjunction with the Texas Department of State Health Services TB Unit Epidemiology Team.

## RECOMMENDED LODGING

### Hampton Inn and Suites Brooks City Base

8202 City Base Landing, San Antonio, Texas 78235  
Reservations: 210-333-4800

### Holiday Inn Express & Suites Brooks City Base

8222 City Base Landing, San Antonio, Texas 78235  
Reservations: 210-337-3723

### Sol Cypress Marriott Riverwalk

103 9th Street, San Antonio, Texas 78215  
Reservations: 210-515-4555

## FACULTY

### Gerald Barnett

*Dallas County Health and Human Services*

### Robbie Bradfield

*Dallas County Health and Human Services*

### Anette Costa, MPH

*Texas Department of State Health Services TB Epi Team*

### Lori Eitelbach, BSN, RN

*Williamson County and Cities Health District*

### Salma Lerma, MSN, RN

*Heartland National TB Center*

### Damiana Pena, MPH

*Corpus Christi-Nueces County Public Health Department*

### Leigh Riggins, BSN, RN

*Texas Department of State Health Services, Region 4/5*

### Arturo Rosales, MPH

*Texas Department of State Health Services TB Epi Team*

### Norma Santos, BS

*City of San Antonio Metropolitan Health District-City Chest Clinic*

### Kathryn Yoo, MPH

*Texas Department of State Health Services TB Epi Team*

*Additional faculty to be announced*

## REGISTRATION

There is no charge to attend this workshop but pre-registration is mandatory.

**Deadline to register is: *January 9, 2026***

Space is limited to **16** participants.

Register on-line at: <https://www.heartlandntbc.org/calendar/>

Applicants will receive notification of their enrollment status via email (unless otherwise requested).

*For more information, please contact:*

**LEAD EDUCATOR**—Alysia Wayne

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